

1 都立高等学校の入試の仕組み

都立高校の入試には、推薦に基づく入試（推薦入試）と学力検査に基づく入試（第一次募集・第二次募集・分割募集）があります。

なお、エンカレッジスクールやチャレンジスクールのように学力検査によらない入試を行う学校もあります。

推薦に基づく入試（推薦入試）

- 推薦入試の目的は、以下のとおりです。

基礎的な学力を前提に、思考力、判断力、表現力等の課題を解決するための力や、自分の考えを相手的に伝えるとともに、相手の考えを的確に捉え人間関係を構築するためのコミュニケーション能力など、これからの社会にあって生徒たちに必要となる力を評価し、選抜する。

- 推薦入試は、主に都立高校全日制課程で実施します。対象となるのは、以下の二つの条件を満たす生徒です。

- (1) 令和3年12月31日現在、都内在住で、都内の中学校に在学していて、入学後も引き続き都内に在住し、令和4年3月に都内の中学校を卒業する見込みの生徒
- (2) 志願する都立高校を第1志望とする生徒

- 推薦入試には、以下の2種類があります。

(1) 一般推薦

- 一般推薦に志願する意思があり、在学している中学校長の推薦を受けた生徒が応募できます。
- 検査は、集団討論、個人面接、小論文又は作文、実技検査、その他学校が設定する検査を組み合わせて実施します（※1）。集団討論と個人面接は、原則として全ての学校で実施します。また、小論文又は作文、実技検査、その他学校が設定する検査は、それらの中から各学校が一つ以上を選んで実施します。集団討論、個人面接、小論文又は作文、実技検査、その他学校が設定する検査の内容については、各学校で定めます。
- 選考は、調査書点のほか、集団討論及び個人面接、小論文又は作文、実技検査、その他学校が設定する検査の各点数を総合した成績で行います。

調査書点	集団討論・個人面接点（※2）	小論文又は作文点（※3）	実技検査点（※3）	その他学校が設定する検査の点数（※3）
総合成績				

- （※1） 新型コロナウイルス感染症に関わる対応のため一般推薦の検査内容に変更が生じる場合があります。詳しくは、東京都教育委員会ホームページ等でお知らせします。
- （※2） 集団討論を実施しない学校もあります。
- （※3） 小論文又は作文、実技検査、その他学校が設定する検査の中から、各学校が一つ以上を選んで実施します。

1 Tokyo Metropolitan High School Entrance Examination System

There are two types of admission screenings for Tokyo metropolitan high schools: a recommendation-based admission process and an academic achievement test-based admission process (first and second round admissions/two-phase application period).

There are also schools that use systems that are not based on academic achievement tests such as Encouragement schools and Challenge schools.

Recommendation-based Admissions (Recommendation-based Admission Screening)

- The objective of recommendation-based admissions is outlined below.

The objective of recommendation-based admissions is to evaluate students on skills such as problem solving, including the ability to think, make decisions, and express oneself, the ability to engage in communication that builds human relationships, including accurately expressing one's own opinion and understanding how others think, as well as other skills that students will need in future society, while recognizing their basic academic abilities.

- Recommendation-based admissions are mainly offered at full-time Tokyo metropolitan high schools. Students who meet all of the requirements listed below are eligible to apply.

1) Students who reside in and are enrolled in a junior high school in Tokyo as of December 31, 2021 and will continue to reside in Tokyo after entering high school and are expected to graduate from junior high school in Tokyo in March 2022.

2) Students who designate a Tokyo metropolitan high school as their first school of choice.

- The two types of recommendation-based admissions are as follows.

1) General Recommendations

○ Students who intend to apply through the general recommendation-based admission process and whose application has been endorsed by the principal of the junior high school they attend are eligible to apply.

○ The screening process combines a group discussion, individual interview, an essay or composition, practical test, and other tests set by the school (*1). In principle, all schools will hold a group discussion and individual interviews. In addition, each school chooses and administers one or more from the following options: essay or composition, practical test, and other tests set by the school. Each school will decide on the topic or contents of the group discussion, individual interviews, essay or composition, practical test, and other tests set by the school.

○ The selection is conducted by compiling an overall score from points earned through a group discussion and individual interview, essay or composition, practical test, and other tests set by the school in addition to points derived from a student transcript.

Student transcript	Group discussion and individual interview (*2)	Essay or composition (*3)	Practical test (*3)	Other tests set by the school (*3)
Overall score				

(*1) There may be changes to the content of tests for general recommendations due to some responses associated with the coronavirus disease. More detailed information will be announced on the Tokyo Metropolitan Board of Education website.

(*2) Some schools do not hold group discussions.

(*3) Schools will choose one or more from the following options: essay or composition, practical test, and other tests set by the school.

(2) 文化・スポーツ等特別推薦

- 文化・スポーツ等特別推薦に志願する意思があり、在学している中学校長の推薦を受けた生徒が応募できます。文化・スポーツ等特別推薦は、実施する学校と実施しない学校があります。また、募集人員は、一般推薦の募集人員の内に含まれます。
- 検査は、文化・スポーツ等特別推薦を実施する全ての学校で、個人面接又は集団面接及び実技検査を実施します。作文など、その他の検査を実施する場合は、各学校で内容を定めます。
- 選考は、調査書点のほか、個人面接又は集団面接、実技検査及び各学校が定めたその他の検査の各点数を総合した成績で行います。

- 推薦入試における調査書点は、調査書における各教科の観点別学習状況の評価(全27観点)又は評定(9教科)のどちらか一方を点数化します。点数化するに当たり、観点別学習状況の評価を用いる場合は、各都立高校の特色に応じて、特定の観点の配点を高くするなどして活用します。
なお、エンカレッジスクールとして指定された都立高校は、観点別学習状況の評価を用います。
- 各学校の募集人員に占める推薦入試の募集人員の割合については、11月上旬に発行予定の「令和4年度東京都立高等学校募集案内」で確認してください。

学力検査に基づく入試(第一次募集・第二次募集・分割募集)

- 都立高校では、原則として全校が第一次募集を行います。第一次募集の結果、入学手続人員が募集人員に達しない学校は、第二次募集を行います。
- ただし、分割募集といい、あらかじめ募集人員を分割し、第一次募集期間における募集(分割前期募集)と第二次募集期間における募集(分割後期募集)の2回に分けて募集を行う学校があります。
- 学校ごとの選抜方法や検査方法等の詳細は9月に決定し、東京都教育委員会のホームページに掲載する予定です(東京都教育委員会のホームページのURLは、この冊子の裏表紙を確認してください。)
- なお、詳しい内容は、11月上旬に発行予定の「令和4年度東京都立高等学校募集案内」に掲載します。

2) Special Recommendations (culture, sports, etc.)

○Students who intend to apply through the special recommendation-based admission process and whose application has been endorsed by the principal of the junior high school they attend are eligible to apply. Not every school offers the admissions based on the special recommendations (culture, sports, etc.). In addition, the number of openings is included as part of the total number of general recommendation openings.

○All the schools which offer the admissions based on the special recommendations (culture, sports, etc.) will hold individual interviews or group interviews and practical tests. When other tests such as composition are conducted, each school will decide on the topic or contents.

○The selection is conducted by compiling an overall score from points earned through the individual interview or group interview, practical test, and other tests set by the school in addition to points derived from a student transcript.

- In the recommendation-based admissions, either an evaluation of the learning situation of each subject based on certain viewpoints (27 viewpoints in total) or marks (of nine subjects) are converted into points.

When schools employ the evaluation of learning situation based on the certain viewpoints, they may allocate more points to some viewpoints than others, taking the characteristics of each school into consideration.

Tokyo metropolitan high schools designated as Encouragement schools employ the evaluation of learning situations based on the certain viewpoints.

- For information on the proportion of recommendation-based admissions' openings to the overall number of openings for each school, please refer to the "Tokyo Metropolitan High Schools Guide to Admissions 2022 Academic Year" to be issued in early November.

Academic Achievement Test-based Admissions

(First round of admissions, Second round of admissions, Two-phase application)

In principle, all Tokyo metropolitan high schools conduct the first round of admission. Schools that do not fill their number of openings as a result of the first round of admissions will hold a second round of admissions.

However, some Tokyo metropolitan high schools administer "two-phase application," dividing the number of openings beforehand and recruiting students in two phases: recruitment for the first round of admissions (first phase of application period) and recruitment for the second round of admissions (second phase of application period).

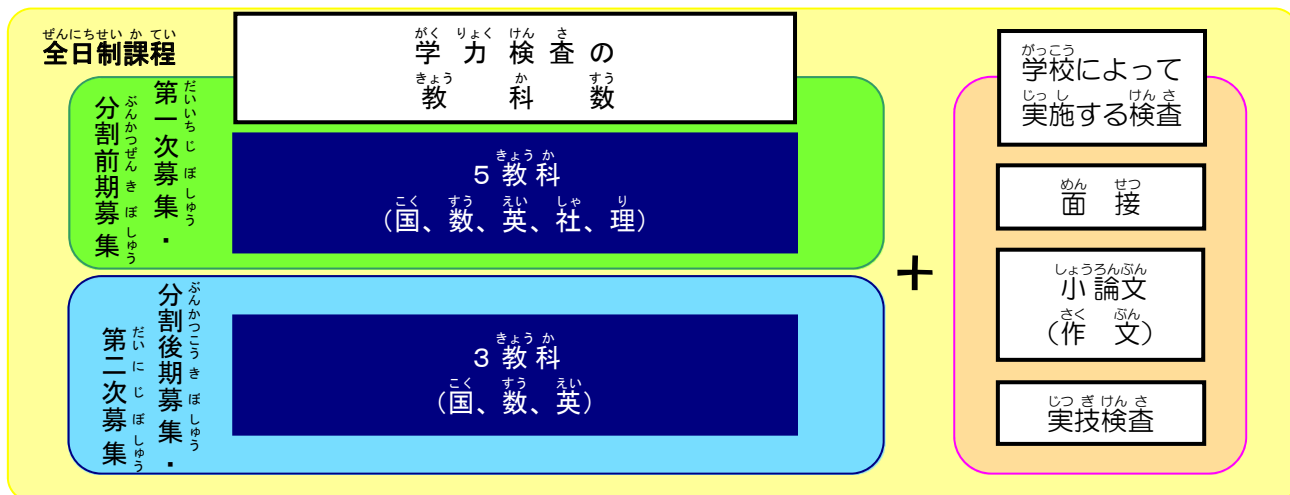
The details of the methods of selection and testing for each school are decided in late September and is schedule to be posted on the Tokyo Metropolitan Board of Education website (Please refer to the back cover of this guide for the Tokyo Metropolitan Board of Education's website URL).

For further information, please refer to the "Tokyo Metropolitan High Schools Guide to Admissions 2022 Academic Year" to be issued in early November.

● 受験教科

全日制課程の第一次募集・分割前期募集では、原則として、国語、数学、英語、社会、理科の5教科を実施します（ただし、芸術及び体育に関する学科については、当該学科に関する能力、適性等をみるため実技検査を行うことから、学力検査は3教科となります。）。また、分割後期募集・第二次募集では、原則として、国語、数学、英語の3教科を実施します。

なお、学校によっては、学力検査に加え、面接、小論文又は作文、実技検査を実施する場合があります。



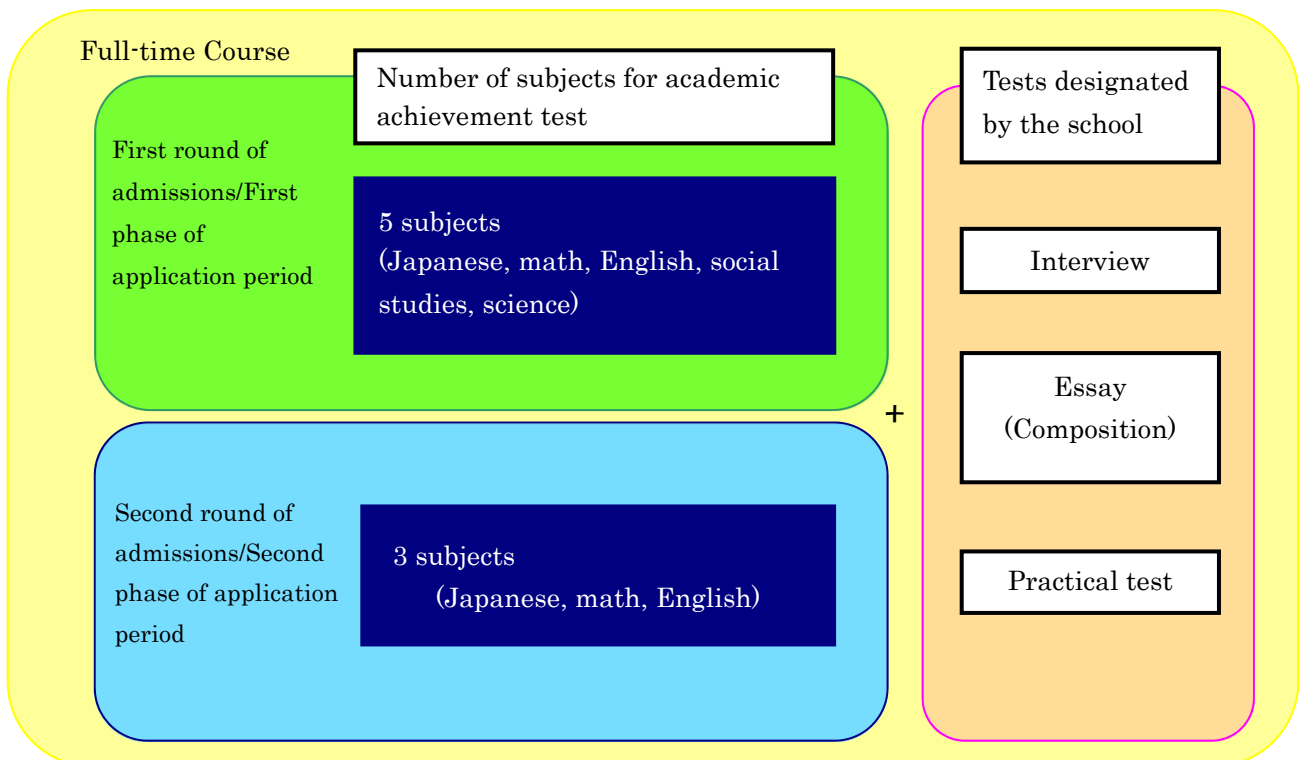
定時制課程の第一次募集・分割前期募集では、原則として、国語、数学、英語、社会、理科の5教科の中から3教科以上を実施します（実施する教科については、各学校が定めます。）。また、分割後期募集・第二次募集では、原則として、国語、数学、英語の3教科を実施します。第一次募集・分割前期募集、分割後期募集・第二次募集のどちらにおいても、面接を必ず実施します。

なお、学校によっては、学力検査と面接に加え、小論文又は作文、実技検査を実施する場合があります。

- Subjects to be tested on

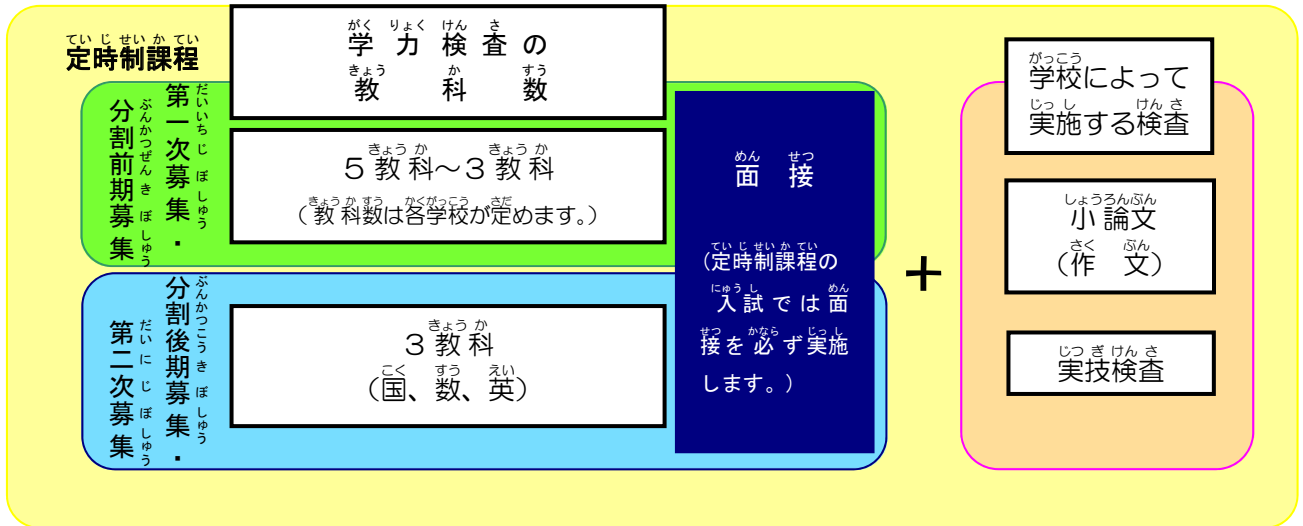
Full-time Schools: For the first round of admissions/first phase of application period, the academic achievement tests are conducted for five subjects (Japanese, math, English, social studies and science) as a rule. (However, for art and physical education programs, academic achievement tests are conducted for three subjects, because a practical test is conducted to see the applicant's ability, suitability, etc. for those subjects.) For the second round of admissions/second phase of application period, academic achievement tests are conducted for three subjects (Japanese, math and English) as a rule.

Some schools may require an interview, essay or composition, and practical test, in addition to the academic achievement tests.



Part-time Schools: For the first round of admissions/first phase of application period, the academic achievement tests are conducted for three or more out of five subjects (Japanese, math, English, social studies and science) as a rule (Each school decides which subject to be tested on). For the second round of admissions/second phase of application period, academic achievement tests are conducted for three subjects (Japanese, math and English) as a rule. All part-time schools conduct an interview for both the first round of admissions/first phase of application period and the second round of admissions/second phase of application period.

Some schools may require an essay or composition, and practical test, in addition to the academic achievement tests and an interview.



● 選考

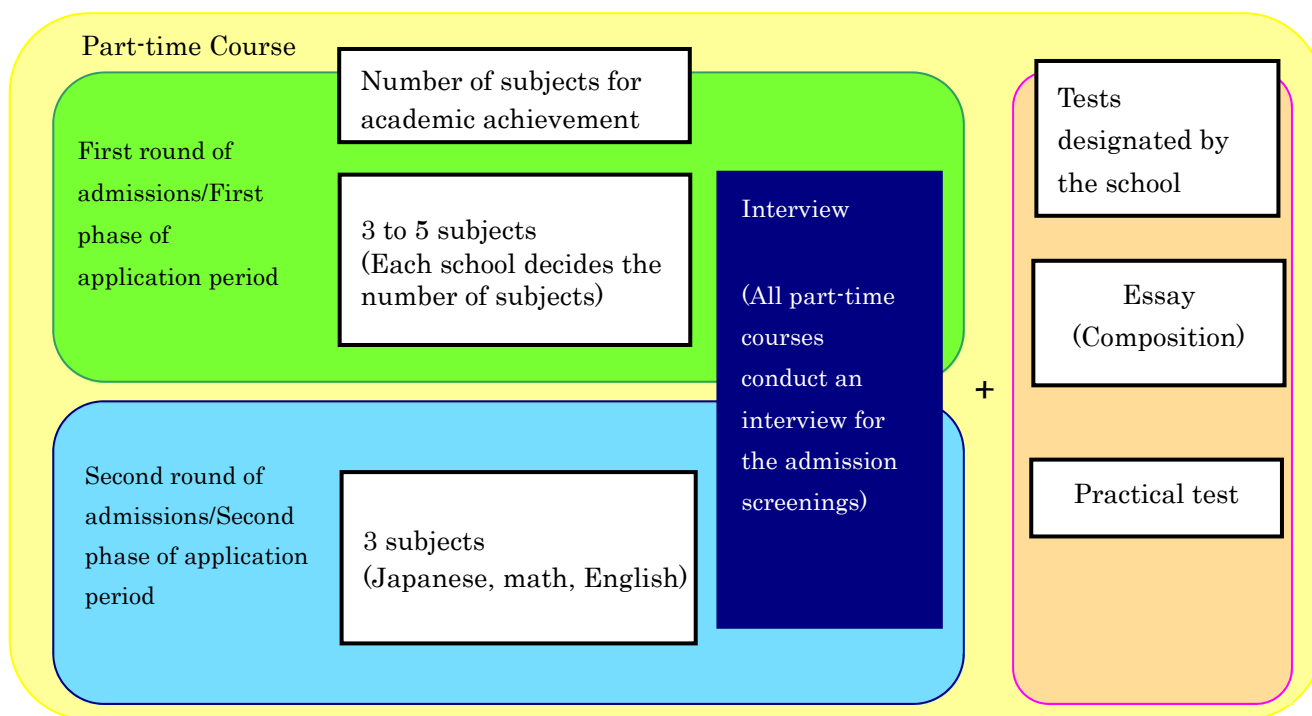
学力検査の得点及び調査書点のほか、面接、小論文又は作文、実技検査を実施する学校ではこれらの点数を総合した成績で行います。

学力検査の 得点	調査書点	面接点	小論文又は 作文点	実技検査点
総合得点		(※)	(※)	(※)
総合成績				

(※) 面接、小論文又は作文、実技検査を実施する学校と、実施しない学校とがあります。

● 学力検査の得点と調査書点の比率

全日制課程の第一次募集・分割前期募集では、原則として、「7：3」、分割後期募集・第二次募集では、原則として、「6：4」になります（ただし、芸術及び体育に関する学科については、学力検査が3教科となることから、どちらの募集も「6：4」となります。）。また、定時制課程の第一次募集・分割前期募集では、原則として、「7：3」又は「6：4」のどちらかを各学校が定め、分割後期募集・第二次募集では、原則として、「6：4」又は「5：5」のどちらかを各学校が定めます。



- Selection

The selection is conducted by compiling an overall score of the examination (interview, essay or composition, and practical test), in addition to the points earned by the academic achievement test and points derived from the student transcript.

Academic achievement test	Student transcript	Interview*	Essay or composition *	Practical test*
Total points				
Overall score				

*Some schools require interviews, essays or compositions, and/or practical tests, while others do not.

- Ratio of academic achievement test to student transcript

As a rule, full-time schools will use the ratio of 7:3 for the points earned by the academic achievement test to the points derived from the student transcript for the first round of admissions/first phase of application period, and 6:4 for the second round of admissions/second phase of application period as a rule. (However, for art and physical education programs, the ratio will be 6:4 for both rounds of admissions and application phases, because the academic achievement tests are conducted for three subjects.) For part-time schools, as a rule, each school decides the ratio of either 7:3 or 6:4 for the first round of admissions/first phase of application period, and either 6:4 or 5:5 for the second round of admissions/second phase of application period as a rule.

全日制課程	学力検査と調査書の比率	定時制課程	学力検査と調査書の比率
第一次募集 分割前期募集	7 : 3	第一次募集 分割前期募集	7 : 3 または 6 : 4 (各学校が定めます。)
第二次募集 分割後期募集	6 : 4	第二次募集 分割後期募集	6 : 4 または 5 : 5 (各学校が定めます。)

● 学力検査に基づく入試における調査書点

学力検査を5教科で実施する場合に、学力検査を実施しない実技4教科について、評定の合計を2倍して、点数化します。

学力検査が3教科(国語・数学・英語)の場合には、これらの教科を除いた6教科の評定の合計を2倍して、点数化することになります。

学力検査に基づく入試における調査書点の点数化については、6～7ページを御覧ください。

● その他

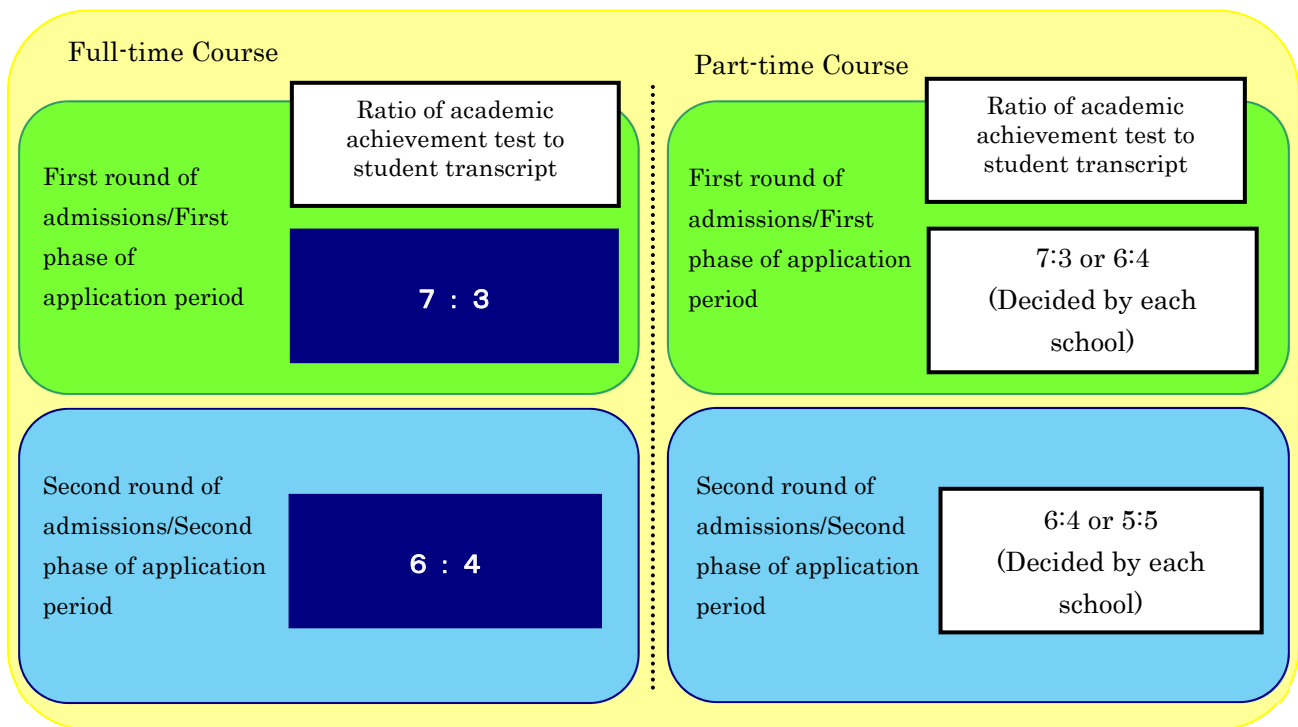
面接、小論文又は作文、実技検査の満点は、各学校で定めます。

「男女別定員制の緩和」、「学力検査問題の自校作成」、「学力検査によらない入試」といった特色ある入試を実施する学校もあります(10～25ページのQ&A参照)。

【学力検査によらない入試】

○ チャレンジスクールでは、調査書を用いず、また、学力検査を行わず、志願申告書、個人面接及び作文により選考を行います(調査書及び自己PRカードの提出は不要です。)

○ エンカレッジスクールでは、学力検査を行わず、調査書、面接、小論文又は作文及び実技検査の各得点を総合した成績で選考を行います。



- Conversion of the student transcript marks into points

In the academic achievement test-based admissions, when academic achievement tests are conducted for five subjects, the marks for the four practical subjects, which academic achievement tests are not conducted for, are doubled to be converted into points.

When academic achievement tests are conducted for three subjects (Japanese, math and English), the total marks for the other six subjects are doubled to be converted into points.

For more information concerning how to convert the student transcript marks into points, please see pages 6 to 7.

- Others

Each school decides the maximum score for the interview, essay or composition, and practical test. There are schools that employ distinctive methods in the admission screening process including “easing of gender quotas,” “the academic achievement test questions created by each school,” and “screening methods that are not based on academic achievement tests” (Please see the Frequently Asked Questions section on pages 10 to 25 for more information).

【Admissions that are not based on academic achievement tests】

- Challenge schools neither require student transcripts nor conduct academic achievement tests. The selection is conducted through an application report, individual interview, and composition. (The submission of a student transcript and self-introduction card is not required.)
- Encouragement schools do not conduct academic achievement tests. The selection is conducted by compiling an overall score from points earned through the student transcript, interview, essay or composition, and practical test.

- 学力検査に基づく入試（第一次募集・第二次募集・分割募集）における調査書点について
 - 学力検査に基づく入試では、評定を調査書点として点数化します。
 - 調査書点は、次の表のとおり、学力検査を実施する教科の評定を1倍、学力検査を実施しない教科の評定を2倍して、算出します。

学力検査の教科	1倍する教科	2倍する教科	評定の満点
5教科（国・数・英・社・理）の場合	国・数・英・社・理	音・美・保体・技家	65点
3教科（国・数・英）の場合	国・数・英	社・理・音・美・保体・技家	75点

（注）「評定の満点」は、各教科の評定が全て「5」である場合

- 以下の東京花子さんの例で調査書点の点数化について説明します。

（例）東京花子さんの各教科の評定

国語	社会	数学	理科	音楽	美術	保健体育	技術・ 家庭	外国語 （英語）
5	4	3	3	3	4	5	3	5

① 学力検査を5教科（国・数・英・社・理）、学力検査の得点と調査書点の比率を「7：3」で実施する学校の場合

総合得点の満点は1000点になるので、学力検査の得点と調査書点の比率が「7：3」の場合、調査書点の満点は300点となります。

- 学力検査を実施する教科（国・数・英・社・理）の評定の合計は、 $5+3+5+4+3=20$ 点
- 学力検査を実施しない教科（音・美・保体・技家）の評定の合計は、 $(3+4+5+3) \times 2=30$ 点

これらを足すと、 20 点 $+30$ 点 $=50$ 点 となります。

このため、東京花子さんの調査書点は、 300 点 $\times 50$ 点 $\div 65$ 点（評定の満点） $=230$ 点 となります。※小数点以下切り捨て

● The points derived from the student transcript in the academic achievement test-based admission process (first and second round admissions/two-phase application period)

- In the academic achievement test-based admissions process, a student's marks are converted into points as the points derived from the student transcript.
- The points derived from a student transcript are calculated as the following table shows: adding the total of the marks of the subjects for which an academic achievement test is conducted multiplied by one to the total of the marks of the subjects for which an academic achievement test is not conducted **multiplied by two**.

Subjects for academic achievement test	× 1 (subjects multiplied by one)	× 2 (subjects multiplied by two)	Maximum points of marks
When tested on 5 subjects (Japanese, math, English, social studies, and science)	Japanese, math, English, social studies, and science	Music, art, health & physical education, and technical arts & home economics	65 points
When tested on 3 subjects (Japanese, math, and English)	Japanese, math, and English	Social studies, science, music, art, health & physical education, and technical arts & home economics	75 points

(Note) "Maximum points of marks" are achieved if marks are 5 for all subjects.

Let us take the marks of a student Hanako Tokyo as an example to explain how to convert the marks into the points derived from the student transcript.

(e.g. Hanako Tokyo's marks in each subject)

Japanese	Social Studies	Math	Science	Music	Art	Health & Physical education	Technical arts & Home economics	Foreign language (English)
5	4	3	3	3	4	5	3	5

(1) When a school conducts an academic achievement test for five subjects (Japanese, math, English, social studies, and science) and the ratio of the points earned by the academic achievement test and the points derived from the student transcript is 7:3.

When the ratio of the points earned by the academic achievement test and the points derived from the student transcript is 7:3, the maximum score for the student transcript portion would be 300 points because the total maximum points is 1,000 points.

- The total of the marks for the subjects which academic achievement tests are conducted for (Japanese, math, English, social studies, and science,) is $5+3+5+4+3 = 20$ points.
- The total of the marks for the subjects which academic achievement tests are not conducted for (music, art, health & physical education, and technical arts & home economics,) is $(3+4+5+3) \times 2 = 30$ points.

Then, the total points will be 50 points. (20 points + 30 points = 50 points.)

Therefore, the student transcript score of Hanako Tokyo will be:

$$300 \text{ points} \times 50 \text{ points} \div 65 \text{ points (maximum points of marks)} = \underline{230 \text{ points}} \text{ (round off the decimal places).}$$

② 学力検査を3教科(国・数・英)、学力検査の得点と調査書点の比率を「6：4」で実施する
学校の場合

総合得点の満点は1000点になるので、学力検査の得点と調査書点の比率が「6：4」の場合、調査書点の満点は400点となります。

- 学力検査を実施する教科(国・数・英)の評定の合計は、 $5+3+5=13$ 点
- 学力検査を実施しない教科(社・理・音・美・保体・技家)の評定の合計は、 $(4+3+3+4+5+3) \times 2=44$ 点

これらを足すと、 $13+44=57$ 点 となります。

このため、東京花子さんの調査書点は、

$400 \text{点} \times 57 \text{点} \div 75 \text{点} (\text{評定の満点}) = 304 \text{点}$ となります。※小数点以下切り捨て

学力検査に基づく入試(第一次募集・第二次募集・分割募集)では、上記のとおり、評定を調査書点として点数化しますが、エンカレッジスクールでは、各教科の観点別学習状況の評価を用いて調査書点を算出します。

(2) When a school conducts the academic achievement test for three subjects (Japanese, math, English) and the ratio of the points earned by the academic achievement test and the points derived from the student transcript is 6:4.

When the ratio of the points earned by the academic achievement test and the points derived from the student transcript is 6:4, the maximum score for the student transcript portion would be 400 points because the total maximum points is 1,000 points.

- The total of the marks for the subjects which academic achievement tests are conducted for (Japanese, math, and English) is $5+3+5 = 13$ points.
- The total of the marks for the subjects which academic achievement tests are not conducted for (social studies, science, music, art, health & physical education, and technical arts & home economics) is $(4+3+3+4+5+3) \times 2 = 44$ points.

Then, the total points will be 57 points. (13 points + 44 points = 57 points.)

Therefore, the student transcript score of Hanako Tokyo will be:

$400 \text{ points} \times 57 \text{ points} \div 75 \text{ points (maximum points of marks)} = \underline{304 \text{ points}}$ (round off the decimal places).

In the academic achievement test-based admissions process (first and second round admissions/two-phase application period), student transcript marks are converted into points as the points derived from student transcript as mentioned above. However, Encouragement schools calculate the points derived from the student transcript based on the evaluation of learning situation of each subject according to various viewpoints.